

# **Pharmaceuticals**

## and Senate Bill 1757

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### What are Pharmaceuticals?

- Prescription medications
- Over-the-counter drugs
- Veterinary medications

### • Examples:

- Antibiotics
- Anti-inflammatory (ibuprofen)
- Anti-depressants
- Anti-diabetics
- Stimulants (caffeine)
- Reproductive and thyroid hormones





### Sources of Pharmaceuticals in Wastewater





### Fate in Wastewater Stream



- WWTPs never designed to remove these chemicals
- Pharmaceuticals can move through WWTP into surface waters
- Septic systems leak and transfer water & contaminants to groundwater
- → These become our future drinking water supplies

### Occurrence in Source Water



- Studies confirmed pharmaceuticals (& other emerging contaminants) do occur in US waterbodies (at <u>low concentrations</u>)
- USGS National Stream Reconnaissance (1999/2000):
  - 139 streams tested for 'emerging contaminants'; 30 States
  - 80% streams had detectable amounts of 1 or more of the chemicals
  - 50% streams contained 7 or more of the chemicals
- USGS Source-Water Reconnaissance (2001):
  - 25 GW & 49 SW sources of PDW supply in 25 States & Puerto Rico
  - At least 1 emerging contaminant was detected in 96% of samples

### **Environmental/Health Impacts**



- Ecological impacts have been observed
  - Feminization of fish; may impact species survival.
  - Note that aquatic life are continuously exposed (higher risk)
- Concerns of antibiotic-resistance

 No evidence of adverse health effects to humans

### Pharmaceutical Removal/Reduction from Drinking Water Sources



#### **TWO APPROACHES**

#### TREATMENT APPROACH

Remove the pharmaceuticals AFTER they've entered the wastewater system

Requires improved WW treatment technologies

#### PREVENTION APPROACH

Prevent/reduce the amount entering to wastewater system

Disposal programs

Take-back programs



### Senate Bill 1757 Project



- TCEQ shall <u>study</u> and make <u>recommendations</u> regarding the <u>methods</u> to be used by consumers, health care providers, and others for <u>disposing</u> of <u>unused</u> pharmaceuticals <u>so that</u> <u>they do not enter a wastewater</u> system.
- Passed in May 2009

Report due to legislature December 1, 2010



### Intent of TX SB-1757



### Senate Bill 1757 Project



- Specifically, TCEQ shall consider:
  - the <u>methods currently used</u> in <u>Texas</u> (by consumers, health care providers, and others);
  - (2) <u>alternative methods</u> used, including methods used in <u>other states</u>; and
  - (3) the <u>effects on public health</u> and the <u>environment</u> of the various <u>methods used</u> for that purpose.

### SB 1757 Study Team Approach



- Identify current State and Federal rules and regulations involved
  - DEA (Controlled Substances Act)
  - RCRA (Federal Hazardous Waste regs)
  - Texas Administrative Code
  - Texas Health and Safety Code
- Identify stakeholders in TX
  - Who disposes of pharmaceuticals?
  - Who regulates/controls disposal practices?
  - Who may be impacted by changes to the practices/regs?
  - Develop Advisory Group & understand issues faced
- Identify how pharmaceuticals are currently disposed of in TX
  - Health-Care Providers vs. Consumers
  - What are the benefits of current methods? What should remain?
  - What needs to change? (Current constraints/concerns (non-compliance?))
  - Identify and fill knowledge gaps (possible survey)

### SB 1757 Study Team Approach

- Identify best approaches used in other areas
  - **Consumers** Some options to investigate:
    - Mail-back programs
    - Collection events
    - Drop-boxes
    - Education (posters, brochures, labeling)
  - Health-Care Providers Some options to investigate:
    - Guidance documents for each type of provider
    - Better sorting practices and stock management
    - Disposal requirements in permits
    - Rule additions
  - Study Team must consider:
    - Compliance with regulations (State, Federal, Local)
    - Effectiveness and efficiency in meeting goals
    - Impact on amount of pharmaceuticals entering wastewater
    - Impact on public health
    - Community desires
    - Resources required
    - Partnerships required



### SB 1757 Study Team Approach



- Determine how best approaches could work in TX
  - Identify programs, tools, resources etc. that would be required
  - How will possible changes impact current regulations?
  - How would changes impact permitting of facilities?
  - What would be required from stakeholders?
  - Consider long-term program feasibility
  - Identify metrics for success
  - Estimate the impact of proposed approach on TX public health and the environment

### **TCEQ Study Team Contacts**



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