

Take Me To The River...!!!!

... or bay, or bayou, or stream....

*Tracey Prothro, Superintendent of Natural
Resource Programs
City of Baytown, Texas*



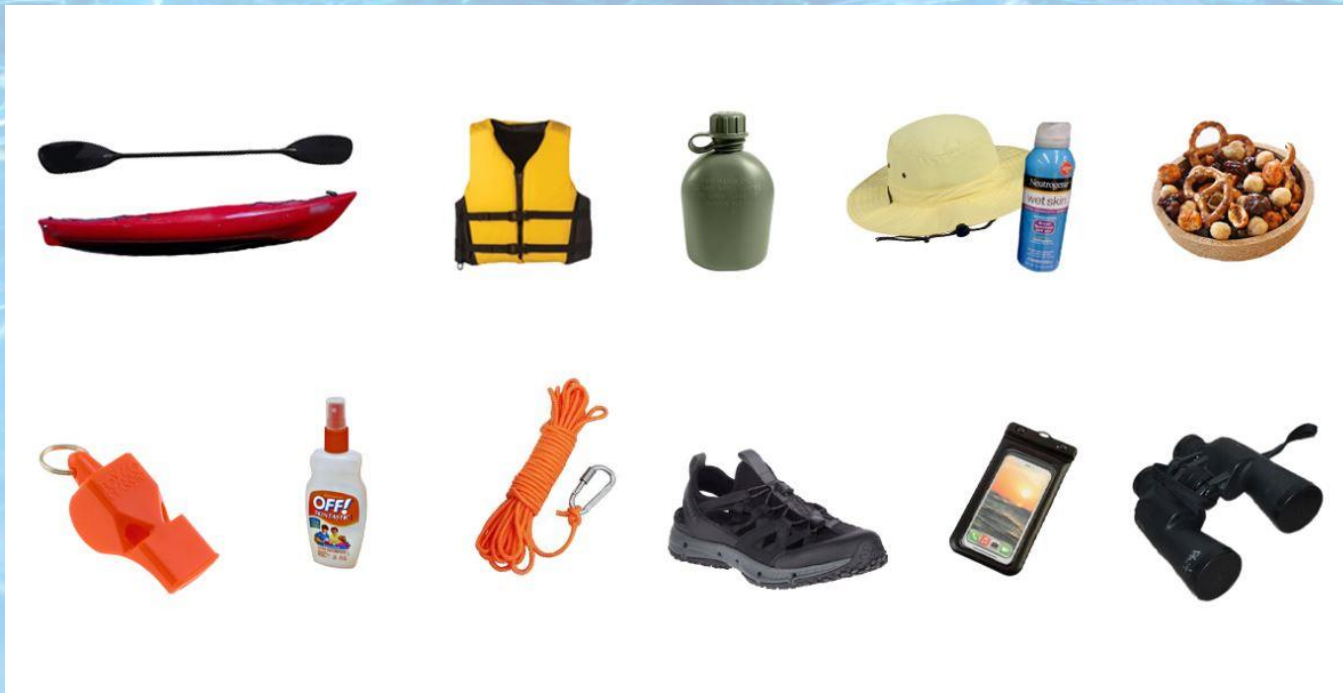
CITY OF BAYTOWN
**PARKS and
RECREATION**

BENEFITS OF PADDLING



- **Weight Management**
- **Increased Strength and Muscle Tone**
 - **Better Cardiac Fitness**
 - **Better Endurance**
- **Access to Remote Locations**
 - **Environmental Health**
 - **Activity For All Ages**
 - **Mood Boost**
- **Improved Focus and Better Memory**
 - **A Good Night's Sleep**
 - **Happy, Happy, Happy!**





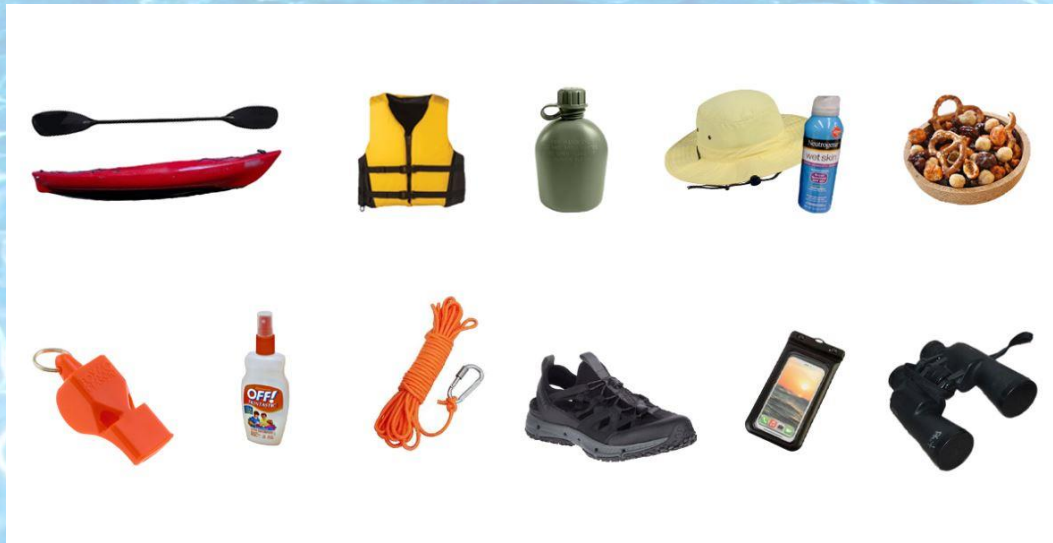
GETTING STARTED



Sit-On-Top Kayak
Increased stability



Sit-In or Recreational Kayak
Increased speed and maneuverability



WHAT TO TAKE WITH YOU

- **Water and snacks! Lots of water. Make sure your water bottle can be safely attached to your kayak. Snacks will get you through a long paddle**
- **Sun Protection! Hat, sunscreen, sunglasses. Sunburns are no fun and not healthy!**
- **Whistle or other signaling device!**
- **Bug Spray!**
- **Waterproof Bag! For your phone and valuables (ID).**
- **Water shoes! Your shoes WILL get wet!**
- **Binoculars! Waterproof, secured to your boat. You never know what you may want to see out there**
- **Caribiners and line! EVERYTHING should be secured in your boat in case of capsiz**



Texas Paddling Trails



With more than 3,700 named streams, 15 major rivers and some 3,300 miles of tidal shoreline along the Gulf Coast, Texas offers myriad possibilities for paddling adventures and angling opportunities of all types.

The 78 official Texas Paddling Trails provide well-mapped, accessible day trips in a variety of settings for all levels of paddling experience. Kayakers and canoers can enjoy improved and maintained fishing and paddling access to rivers, creeks, lakes, ponds, bayous and bays!

**For information on every paddling trail, visit
<http://www.tpwd.state.tx.us/fishboat/boat/paddlingtrails/>**

Nearby Inland Trails

- **Buffalo Bayou Paddling Trail (Houston's 1st paddling trail)**
- **Victoria Paddling Trail**
- **Goliad Paddling Trail**
- **Caddo Lake and Big Cypress Bayou Trails**
- **Collier's Ferry to Lake Bayou Trail**
- **Martin Dies, Jr. State Park Trails**
- **Martin Dies State Park Paddling Trail**
- **Bevilport Paddling Trail**
- **Neches – Davy Crockett Paddling Trail**
- **Bastrop Paddling Trails**
- **Bastrop Wilbarger Paddling Trail**



Nearby Coastal Trails

- **Christmas Bay Paddling Trail**
- **Armand Bayou Paddling Trail**
- **Galveston Island State Park Paddling Trail**
- **Mustang Island Paddling Trail**
- **Port O'Connor Paddling Trail**
- **Lighthouse Lakes Paddling Trail**
(1st paddling trail in Texas)
- **South Bay Paddling Trail**
- **Seadrift Paddling Trail**



Paddling in Baytown



Eddie V. Gray Wetlands Education Center

Baytown Nature Center

Bayland Park – Goose Creek Trail

Cedar Bayou – Roseland Park

Baytown lies a mere 30 miles east of Houston. Surrounded by bays and home to bayous and streams, it is the perfect location for environmental education and recreation.

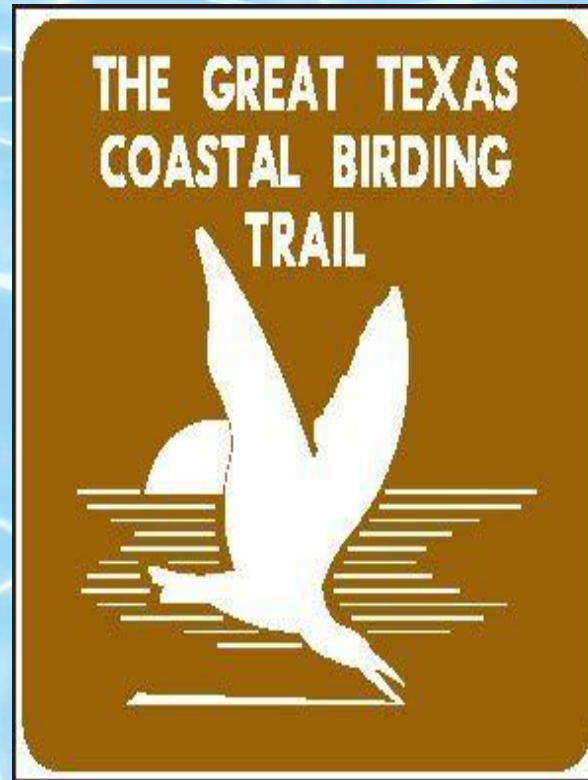


The Eddie V. Gray Wetlands Education and Recreation Center

“Where indoor education
and outdoor recreation meet”



The Wetlands Center is operated by the City of Baytown's Parks and Recreation Department. It is an official site on the Great Texas Coastal Birding Trail – Upper Coast.



The front section of the Wetlands Center houses offices, the ExxonMobil Salt Marsh meeting room and Entry Hall, and Volunteer Clubhouse meeting room...



ExxonMobil Entry Hall



ExxonMobil Salt Marsh Meeting Room

...as well as the Rotary Club's Computer Discovery Lab, and Covestro's Science Investigation Lab.



***Science Investigation Lab,
sponsored by Covestro***



***Computer Discovery Lab,
sponsored by Baytown Rotary
Club***

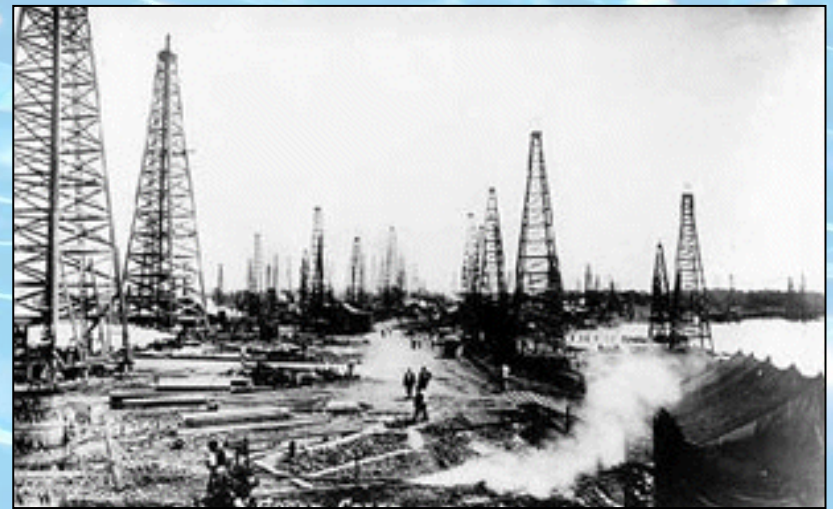
The Bob Craig Exhibit Hall is 9,000 square feet of educational exhibits.



Experience Goose Creek via our public boat ramp and kayak launch



Some folks think this is what they would encounter if they paddled in Goose Creek...



Thankfully, those days are gone and Goose Creek now offers six miles of calm waters, complete with wetlands and the wildlife that call the area home.



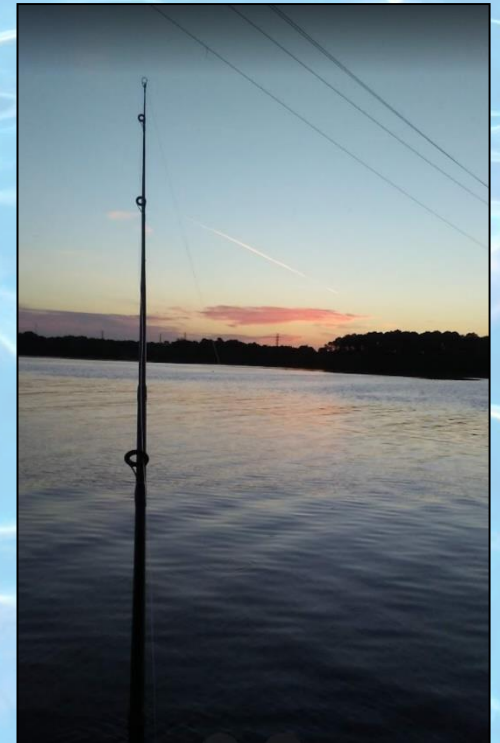
Bayland Park and Marina



If you prefer to paddle UP Goose Creek, you can begin at the roller-ramp launch at Bayland Park. Once in the water, you can turn left to follow the creek to the Wetlands Center, where you can get out, stretch your legs, take a tour of the center, or just relax at the outdoor Pavilion.



If you turn right instead, you will enjoy paddling in Tabbs Bay, avoiding the Houston Ship Channel by staying close to the shoreline.

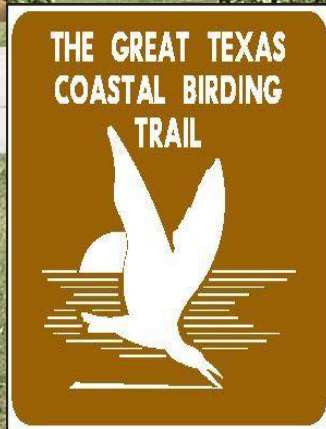


The Baytown Nature Center

A group of people are kayaking on a large body of water. In the background, a tall white tower stands on a distant shore under a blue sky with scattered white clouds. The water is calm, and the kayakers are wearing life jackets and using paddles.

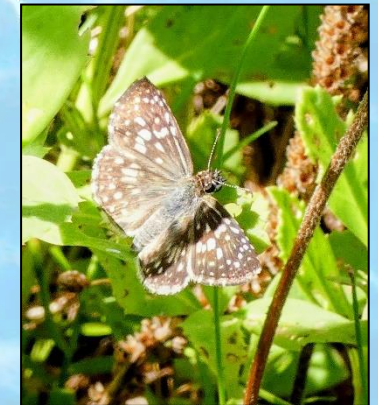
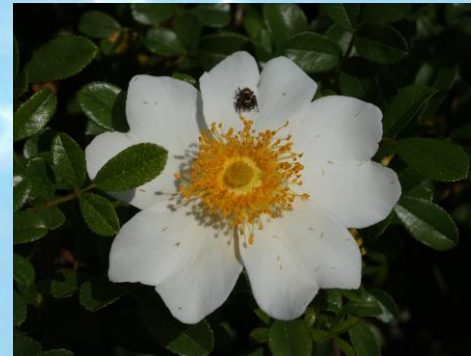
***“Restoring, Protecting and Sustaining
a Natural Environment”***

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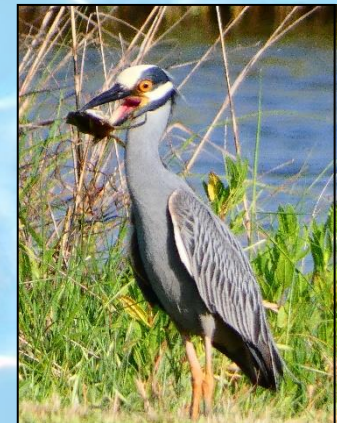
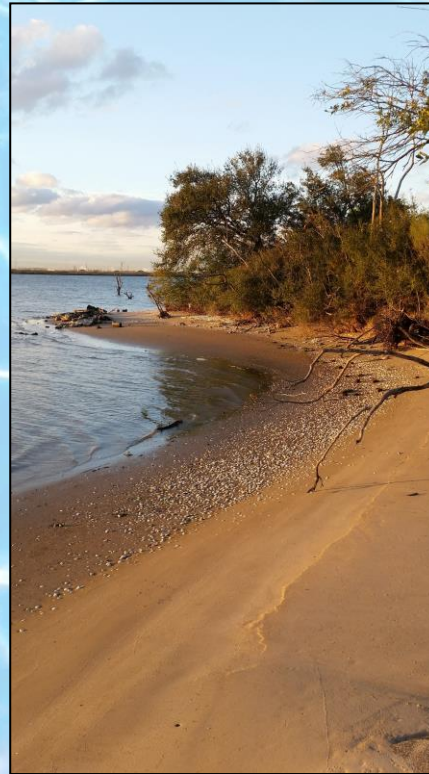


The Baytown Nature Center sustains more than 300 species of birds and numerous species of butterflies, mammals, reptiles and aquatic organisms.

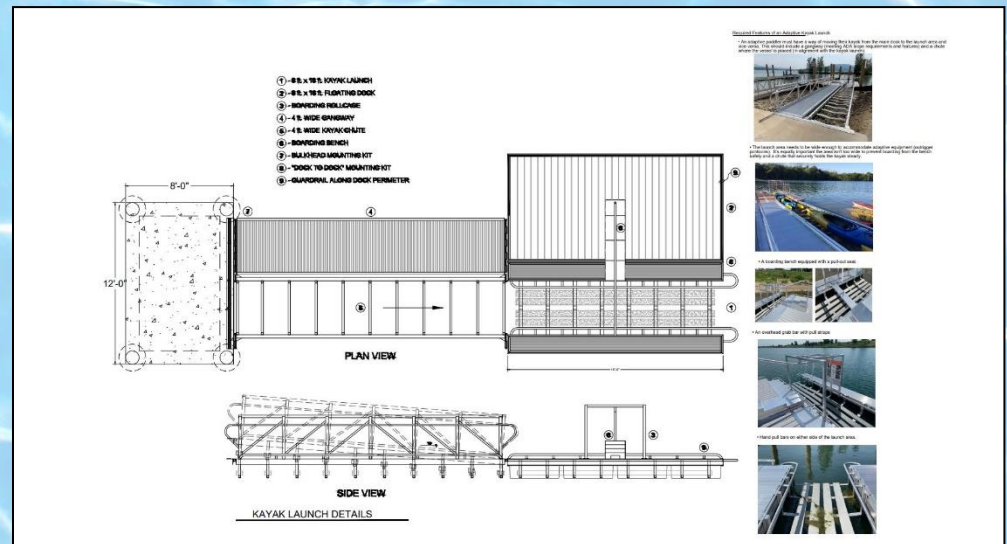


The Unique History of the Baytown Nature Center

Today, the former neighborhood is a beautiful and interesting paddling site full of wildlife and scenic locations



The shallow Crystal Bay shoreline allows for easy access for canoes and kayaks, but will soon be replaced by an ADA compliant kayak launch.





Baytown Nature Center is ideal for fishing, birdwatching, or paddling for pure enjoyment!

Roseland Park



Roseland Park is a multi-use park on the shores of Cedar Bayou. It offers a basketball court, picnic area, playground, splash park, sand volleyball, upcoming clubhouse, historic train, and of course, boat and kayak launches.



Although paddlers share the waterway with industrial barges, there is plenty of room to enjoy paddling and observing native wildlife.





The easy-access roller-ramp launch makes it easy to enter and exit Cedar Bayou. Paddlers can choose to head upstream for several miles or downstream to Tabbs Bay for a longer and more scenic route.



***Thank you for your attention...I hope to see
you all soon on the waters of Baytown!***

