**January 2025 Social Media Captions –**

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| **Facebook** |
| January-FBImage-1- | Wondering what to do with used appliances you no longer want? Some communities may offer pickup or dropoff services for used appliances (with the freon removed). Some commercial vendors may come and remove them for you for proper disposal. Or your neighbors might be interested in a “mostly working” fridge for their garage and will buy it or take it off your hands for free. Check with your municipality or waste hauler to find out the proper way to dispose of materials in your community.  |
| January-FBImage-2 | Have some old furniture that has passed its prime for you? Consider donating it to local resale shops or shelters. Someone else may appreciate the life it has left. If it’s not useable at all, check with your municipality or waste hauler to find out if they will accept heavy trash so you can properly dispose of it. |
| January-FBImage-3https://earth911.com/how-to-recycle/how-to-recycle-a-broken-treadmill/ | Ready to upgrade your home gym? Remember to properly dispose of your old equipment. Check with your municipality or waste hauler to find out if gym equipment will be picked up on heavy trash days or can be dropped off at a collection site. Or, look into donating it to a resale shop, selling it yourself, or giving it away. You can also recycle and upcycle the parts. For example, the metal in a treadmill can be taken to a scrap yard. See more tips at Earth911. https://earth911.com/how-to-recycle/how-to-recycle-a-broken-treadmill/ |
| January-FBImage-4 | If you’re looking to refresh your closet and need to purge some clothes for whatever reason, consider donating them to a resale shop, finding clever craft ideas for repurposing them, or checking with your municipality or waste hauler to find out about any textile recycling programs available in your community. |

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| **Instagram** |
| January-IGImage-1- | Upgrading your home gym? Check out these clever ways to recycle or reuse parts of your old equipment. https://earth911.com/how-to-recycle/how-to-recycle-a-broken-treadmill/ |
| January-IGImage-2- | What to do with a used appliance? Donate it, sell it, give it away, or check with your municipality or waste hauler to find the proper way to dispose of it. |

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| **X, formerly known as Twitter ((MAX 280 characters including spaces!)** |
| January-XImage-1- | If you have used furniture you want to get rid of, if it’s still usable, consider donating it to a resale shop, selling it, or giving it away. If it’s not in good condition, check with your municipality or waste hauler for drop-off or pickup information for heavy trash. |
| January-XImage-2- | Got a used appliance you want to get rid of? Donate it, sell it, give it away, or check with your municipality or waste hauler to find the proper way to dispose of it. |